



OUTDOOR ACTIVITY CENTRE



Annual Report 2022 – 2023

Registered Charity No 293475
Company Limited by Guarantee No 1975481



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Akash Marsh	Claire McNally
Elysia Morton	Louis Officer
Asher Robinson	Alexandra Tribe

Goodbye, Good Luck and Best Wishes to:

Dan Cantwell, Carl Greenslade

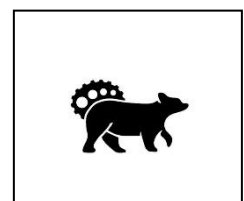


The Centre wishes to thank:

BBC Children in Need
 Cam and Bear Fund for Adventure
 Daneford Trust
 East End Community Foundation
 GLA Young Londoners Fund
 Hermitage River Projects
 Jack Petchey Foundation
 London Borough of Tower Hamlets
 London Dock Community Fund
 Lord Mayor's 800th Anniversary
 Fund

The Maitlands Fund Charitable
 Trust
 Mayor of London
 The North Face
 Outward Bound Trust
 St George
 Sport England
 Tideway
 Tower Hill Trust
 Young Explorers' Trust

The Centre is fortunate to have many supporters and volunteers who assist it in providing challenging, exciting and worthwhile activities for the local community. We wish to thank everybody who has given their time, energy and enthusiasm.



Chair's Report

It's always interesting to review our previous financial year and reflect on the successes and the challenges. Looking across the board at both the adult clubs and the activities of our young people, the thing that stands out in the year to March 2023 is the huge demand from our local community for the outdoor activities provided at Shadwell Basin.



No doubt, initially this was a reaction to the restrictions during the pandemic, but it's a trend that seems to be lasting. Across the board, both the adult and youth clubs have continued to see a demand for sessions and both the Canoe Club and Sailing Club instigated training programmes to upskill members and develop new coaches.

We have also welcomed the revival of dragon boating on the Basin with the arrival in February this year of two new boats commissioned by the Shadwell Dragons. Meanwhile, the East End Canoe Polo Club has continued to use the Basin for practice sessions and staged a tournament here in September this year.



So, the Centre continues to fulfil its charitable objectives of providing outdoor activities based in and around the Basin and promoting life skills for our local community. But, despite these successes, it's been a tough financial year for the Centre, and we have ended with an operational deficit of £13,574. Our challenge every year is simple: we have to bring in enough income to pay our outgoings.

For us, our major expense is staff costs. In the past year we have reduced the number of permanent staff by not replacing personnel when they left to take up new positions. This has increased our reliance on our Pool of Workers – temporary staff who mostly come through our Adventure Coach Training Scheme or are former employees. But it has also put more pressure on permanent staff to focus on delivering sessions and reduces the time available to work on fundraising.



Our approach over the last few years to seeking multi-year funding has worked well for us in ensuring a level of consistency in our income stream. We are very grateful to:

- BBC Children in Need for funding our 'Adventure for All' and 'Adventure Together' programmes that introduce young people with disabilities to watersports and integrate them into our youth programme;
- the Mayor of London's Young Londoners Fund for our 'Inspiring Futures' project working with 'At Risk' young people;
- Tower Hamlets Local Community Fund for our youth provision and 'Girls Can Adventure';
- our partnership with Lindley Educational Trust and Outward Bound Trust on the 'Right to Explore' programme which did pioneering work with ethnic minorities to create a pathway to employment.

This year we have also been looking for new ways of generating income through working with corporate groups locally on rowing challenges, and we'll report more on this next year. We would like to give a special mention to the Youth Club parents who completed multiple fundraising challenges, including rowing a marathon distance on the River Thames.



We are planning to initiate a regular giving programme via CAF Donate which will enable people to sponsor Shadwell by making monthly or annual direct debit payments which also attract Gift Aid.

The idea is not just to ask our current users, but to reach out to the Shadwell Alumni and the wider community of people who have benefitted from being part of the Centre over the years.

Finally, my thanks to everyone who makes Shadwell special, especially Mike and his team, my colleagues on the Management Committee, those involved in running the adult clubs, the enthusiastic parents and everyone else who contributes.

Penny Bruce Walker (Chair of Trustees)

November 2023

Groups who used the Centre throughout the year



9 th Tower Hamlets Scouts	Elm Court School	Poplar HARCA
Alleyn's School	Faraday School	Predators Martial Arts
Altum Group	Fern St Settlement	React First Aid
Beatrice Tate School	George Green's School	St John's School
Bench Blisters Rowing Team	Green Gables Montessori	St Luke's Primary School
Bethnal Green Cluster Schools	Hackney College	St Mary Magdalene Academy
Bigland Green School	Haileybury College	St Paul's Way Primary School
Bishop Challoner School	Halley School	St Peter's London Docks
Blue Gate Fields School	Harbinger School	St Saviour's School
Bow School	Harris Academy East Dulwich	Sea for Yourself Training
Burntwood School	Harry Gosling School	Shadwell Dragons
Cayley School	Highbury Fields School	Shadwell Sailing Club
Central Foundation	Home Education Group	Sir William Burrough School
Charterhouse School	Kingston University	Six Knots Coaching
Commercial Rd Cluster Schools	Kobi Nazrul Primary School	Stepney Cluster Schools
Dallington School	Langdon Park School	Stepney Green School
Daneford Trust	Latymer Upper School	Sussex House School
Date Palm Primary School	Lawdale Primary School	Tower Hamlets Canoe Club
Devons Road Cluster Schools	Lister School	Wapping Youth Football Club
E1 Cluster Schools	London Woodcraft Folk	Westminster Abbey Choir Sch
East End Canoe Polo Club	London Youth Rowing	Whitechapel Cluster Schools
East London Dance	Manorfield Primary School	Wickham Court School
Eden Primary School	Marion Richardson School	
	Mulberry School for Girls	
	Pierhead Montessori	

Centre Activities Report

2022-23, our 46th year engaged in outdoor and adventure activities, has been a year of sustaining and managing full programmes across the whole Centre.

Our greatest success was the huge variety of both activities that were delivered and the diversity of demographics of users who attended with us. Our greatest challenge was managing this success with a reduced full time experienced team. This was a challenge with staffing and coaches, which will probably continue into the near future as well as the challenge to financial costs.



The charity has firmly re-established the philosophy of using the activities as a vehicle for change, growth and learning post Covid. This approach helps to create opportunities, for individuals to push boundaries, explore their emotions and develop their values. All ages find fulfilment, from youth provision structured “Pathways” to adult club training sessions, to the freedom of experience through exploration and growth of mental wellbeing by interacting with the natural environment.



Throughout the year club members, staff, newly qualified young coaches and volunteers embarked on professional and personal development with qualifications as well as devoting large numbers of hours to others skill development and learning.

We also continued with projects addressing the vulnerabilities in people through funded grants, from working with “At Risk” young people to those with disabilities.

We have diversified our income to help stabilise funds from new fundraising platforms to establishing new partnerships with the new Dragon Boat Club.

Driving this is the creation of a new Centre Development Plan to start in 2024, which has been put together by our community of users.



The Centre remains focused on its vision, to continue to offer a journey for young and old, creating a positive and stimulating atmosphere where all are welcome and encouraged. A place where there is support for individual development through challenge, from the beginner to the experienced. This will ultimately arm participants with skills and resilience to enable them to cope with adversity and overcome barriers by creating their own solutions.

Youth Activities

In 2022-23 167 young people took part in 68 sessions and 76 days of challenging and adventurous activities, with a total of 5,616 attendances in the youth project.

The youth project remains as popular as ever with the programmes all at capacity and a waiting list that we have had to close. This has been managed carefully with those waiting for places balanced against referrals of those in need.

In an area that has one of the highest child poverty rates in the UK it is important that the Centre continues to provide high quality activities at an 80% subsidy so that all local young people, whatever their circumstances, are able to take part.



"I feel like Shadwell Basin has taught me new skills. One main personal thing I have discovered is generosity and kindness. I have now started giving back to the community by volunteering my time in the summer project. By doing this I have increased my self confidence whilst helping the project and other young people".

The programmes are made up of regular weekly sessions, holiday projects and offsite trips. Young people attend sessions targeted at their age group and level of experience, enabling individuals to progress through appropriate levels of challenge using the "Pathways" awards. Our high quality teaching has been recognised by the retention of the "Learning Outside the Classroom" Award.



"Since joining Shadwell Basin I have had lots of fun and endless laughter. The learning is made fun, it boosts confidence and resilience. No one is left out and all are welcome. The feeling of accomplishment when completing a challenge after being supported by friends and staff is great. Everyone leaves with a smile on their face."

Special programmes are embedded into the youth project. These include healthy lifestyles and girls work, the integrated programme "Adventure Together", "Inspiring Futures" that mentors "at risk" young people, the Leadership programme, the Duke of Edinburgh Award, the Adventure Coach Training Scheme and "The Right to Explore", which creates much needed pathways to employment for black and ethnic minority coaches.





Activities supporting the junior 5 to 8's programme are now in their eighth year. Some of the participants from the early days are now teenagers joining the Leadership programme and taking the first steps to become coaches themselves.

In the 2022 Summer Project 115 young people participated in 20 days of activities, obtaining 69 accredited and 91 certificated outcomes, with 1,570 visits in total.

"Shadwell Basin is really fun and it brings lots of young people together in it's exciting programmes. All of the staff leaders are really inspirational and I have got to know a lot of people who I would never have met if it weren't for them."



Further afield, the older youth members climbed Mount Kilimanjaro and worked with Street Children in Tanzania with younger ones climbing the spectacular Striding Edge on Helvellyn in the UK.

The Duke of Edinburgh Award Bronze group passed their assessment in April in South Wales and the Gold group took part in their training expedition on the River Wye.

"After years at Shadwell Basin I have learnt so many things and made so many friends. It has made me a better, more rounded individual and has changed me forever. Shadwell Basin can subsidise activities due to funding and this makes it such good value. I would be heartbroken if it had to raise it's prices, because so many people would not be able to gain these amazing opportunities."



The Youth Project continues to focus on core values such as respect, equality, kindness, friendship and courage at the heart of all the work that takes place. This fosters a welcoming, safe and supportive environment for young people to grow through challenge.

"I really enjoyed the activities that Shadwell Basin offered me. I would like to thank them for the opportunity for letting me come for a week in the summer. I like that I was able to socialise with everyone and the staff are really fun too."



Duke of Edinburgh's Award

The D of E programme is an integral and very successful part of the activities with young people, instilling participants with a sense of self knowledge and achievement. This year there were fourteen young people taking part at Bronze and Gold levels.



The ethos of the award is one of empowering young people and supporting them as they learn new skills, overcome obstacles and build confidence and resilience. We see these elements growing within participants as they become more mature, independent and responsible individuals.

The opportunity to visit wilderness areas as part of the award is really important and this year the Bronze level group undertook their expedition in South Wales, walking through the beautiful hills near Bannau Brycheiniog (the Brecon Beacons). The team really put all their training and planning into practice to make the expedition a success.



Although the expedition is a major part of the award at all levels, young people make a much broader commitment throughout the year to also undertake the volunteering, physical and skills sections. The Bronze participants this year all successfully completed the various sections of their award and have already started talking about their plans for the Silver award.

This was the first year that the Centre had a group working towards their Gold award and the first time using canoes for the expedition. The Gold group successfully undertook their training expedition on the River Wye and the group will complete their assessed expedition in summer 2023.



The comments below shows the challenge and reward of participating in the award:



"The Gold D of E training enabled the development of the skills and attitudes we need to be the more rounded and confident adults we are becoming. The perseverance to continue and endure the long journey helps us challenge what we think we are capable of."

"I vividly recall how serene the water was when slicing my paddle through and feeling at peace. By going on six expeditions over four years the skills I have actively developed have increased my sense of adventure and passion for the outdoors immensely. One key take away from D of E that has transferred to my life generally is perseverance and confidence. Not only do we learn the value of sharing responsibility for success through leadership, teamwork, self-reliance and co-operation, but we gain an appreciation of and respect for the outdoor environment."

Offsite Trips

Providing young people with chances to experience activities in the natural environment is one of the most valuable elements of the Centre's work. Residential and day trips to wild areas enable young people to broaden their horizons and challenge themselves in adventurous and exciting situations. They offer intense experiences with moments of reflection that shrink the distance between ourselves and the environment. Creating memories and friendships that last a lifetime.



This year the trips included D of E expeditions for Bronze and Gold Award groups to South Wales and the River Wye and a summer residential to Coniston in the Lake District as well as day trips on the Thames and at other local venues.



This year high mountains and rock scrambles tested the skills and navigation of the young people. Adventure play in natural pools and rivers and Stand Up Paddleboard trips across Lake Coniston stretched abilities. In addition, difficult weather reminded us of the unpredictability of being in the outdoors.

Living and working together as part of a team on these trips offers young people the opportunity to develop life skills they will rely on as they grow into adults. From learning to cook, to organising journeys and working on solutions to problems under pressure.



Often it is the social time spent together that is the most valuable part of the experience, with individuals developing independence and confidence in discovering and growing their own strengths.

"I feel that my mental health has improved, specially having climbed Striding Edge and Helvellyn where I really felt free and relaxed with all that open space."

"I really enjoyed all the activities during the summer residential especially the kayaking session where we all learnt to roll because I got the chance to teach others and learn the skill myself. Also I like how the staff are really nice and caring."



"I really enjoyed all the activities and being with the people in my group, the instructors make the whole summer expedition trip fun and I feel safe and happy with everyone. Doing the activities makes me feel strong and like I can achieve whatever I want to. I feel like I would have had even more fun if I had more self-confidence so I could socialise better with my whole group. Thank-you for all the amazing opportunities this week."

Schools Report

This year 3,450 students visited the Centre as part of its popular schools programme, with over 7,500 attendances taking place. This made for a busy and varied year, with 76 different schools bringing students from Year 2 to Year 13 to take part in the activities.



The Centre holds the Learning Outside the Classroom Badge, which recognises the high quality coaching, planning and safety of the provision. The programme runs year round for 5 – 18 year olds and has a wide range of activities on offer. Sessions include one off taster visits and activities focused on accredited awards, GCSE and A Level programmes.

Many local schools and educational groups visit every year as a regular part of their provision. The Centre is valued by these groups for the opportunities for students to take part in physical activity, have fun and learn new skills.



This year there was an increase in the number of schools following GCSE programmes in rowing and climbing. These sessions took place all year round and included assessments in the coldest part of the year.



One group showed true determination each week when they climbed under floodlights during their after school sessions, even in rain and snow!

The high grades achieved by many of the students was testament to the work they put in during their lessons, with 73% of students receiving marks of 75% or above. 52% of students gained marks of 88% or higher, putting them into the highest, grade 9 or A*, bracket.

The summer term was very busy as ever and lots of local primary schools booked sessions which enabled students to have an exciting experience of outdoor activities right on their doorstep. Many of the Centre's youth members visit this way for the first time.



These valuable sessions focus on building confidence, independence and co-operation, instilling a positive attitude and encouraging students to explore their strengths and experience new challenges in a safe and supportive environment.

Inclusion Programmes “Adventure for All” and “Adventure Together”



The Centre is very grateful to BBC Children in Need for funding these important programmes, which use innovative ways of working to support the needs of individuals and enable their development. It is very rewarding to see the results of this work, with young people flourishing and growing in independence and confidence. Since the start of the Children in Need funding in January 2019 there have been 486 individuals attending 706 sessions, with 2,302 visits in total.

“Adventure for All”

This Project has been running since 2015 and has worked with many individuals, schools and groups. Staff use their skills and imagination, as well as specially adapted equipment, to provide high quality learning with a balance of challenge and success for participants. The quality of the programmes has also been recognised by the achievement of both Sailability and Paddle-Ability Awards.



There was a return for many groups this year as they were once again allowed to run offsite trips. It was great to see young people taking part in the activities again. The long running event days were run successfully once more with local School Partnerships from across the Borough, with twenty four schools attending. Thank you to Alison and the team at Marion Richardson School who coordinate these visits. Individuals also attended through sessions in the holiday programmes such as the Summer Project, with some continuing through integrated sessions.

“Adventure Together”

This unique and pioneering Project uses outdoor and adventure activities to integrate young people with disabilities into the mainstream youth programmes.

Many of these young people first attend the “Adventure for All” sessions in the holiday programmes, giving them a supportive introduction to the activities. There were eleven young people who were integrated into mainstream youth sessions in 2022-23, all of whom attended regularly throughout the year.



Members of the group have experienced successes such as joining the youth club Leadership programme, representing Tower Hamlets in the London Youth Games and completing their Bronze and Silver Duke of Edinburgh Award. It is wonderful to see young people gaining skills and social confidence, finding the strength to be independent and exploring their capabilities.

Fundraising and Volunteering

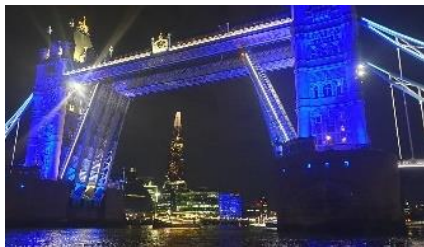
Volunteering

The Centre is fortunate to have a large group of volunteers who enable it to meet its objectives. Members of the Shadwell community offer their time and expertise to help in many different ways and all of this assistance is invaluable in keeping the Centre running. Thank you to everyone who helped throughout the year, we appreciate and are heartened by the trust put in the Centre by all of our supporters.

Partnerships have been developed with Hands On London and Volunteering Matters, who both support the Centre through facilitating volunteer days with corporate groups.

Fundraising Events

Financial support from individuals and teams is vitally important to the continued survival and success of the Centre. There had been difficulties in running these events over the last couple of years due to Covid restrictions and this was the first time that we had been able to organise them once more.



Long time supporters of the Centre the Bench Blisters took part in the Reflections Flotilla on the Thames, which was an evening event to celebrate the life of Queen Elizabeth II. The Thames looked spectacular with all the boats and bridges lit up beautifully for the occasion, including the Queen's barge, Gloriana.

Our Youth Club members and parents, together with members of Tower Hamlets Canoe Club, took part in a marathon fundraising challenge on the River Thames, rowing and kayaking from the Centre to Chiswick and back. It was great to see so many different members of the Shadwell community come together on this day.

We are hoping to develop these challenges further in 2023-24 and build links with companies and individuals wishing to take part in events such as the Great River Race or rowing challenges or enter races on our behalf. Please do get in touch with us to discuss any ideas you might have.



Donations

The Centre uses multiple fundraising platforms for receiving donations from individuals, which also collect Gift Aid on our behalf. Our main fundraising page can be found on the Givewy website, whilst CAF Donate is our platform for regular monthly giving. We are also registered with Paypal Giving, which processes donations made when shopping online.

New Developments and User Groups

Shadwell Dragons

We were very happy to welcome local club Shadwell Dragons to the Centre in early 2023. This marked a journey of 30 years for some of the members, who had competed as part of the Solander Gardens team in dragon boat events at the Centre, and nationally, back in the 1990s.



The Club have purchased two new boats and will be using the Centre as the base for training for their members, which include women's, men's and youth teams.

The Centre was one of the first places in the country to have dragon boats and we look forward to seeing these fantastic boats back out on the Basin once more in the coming years!

East End Canoe Polo Club

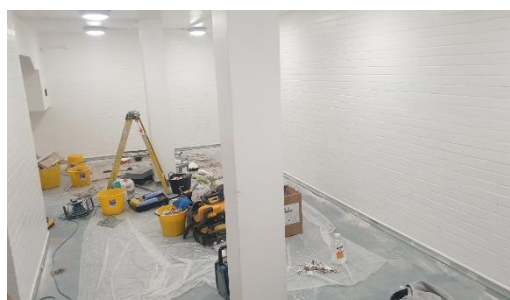
The Club have now become a regular fixture at the Centre and they continued to use the facilities for their training sessions on Saturdays, when visitors to the Wapping Market on Brussels Wharf are entertained by their skills. The Club also held their annual competition, "The Cut", when they welcomed other clubs for a closely fought tournament and fundraised for the Centre.



Centre Renovations

There is always much to do at the Centre to keep things running on a limited budget, especially when the buildings and site are in constant use all year round.

Our hard working changing rooms got a well deserved upgrade this year with new lighting, wash basins, showers and benches, making them a much nicer place to use, especially when coming off the water wet and cold. Further plans would be to renovate the toilets, do internal painting and replace electrical fixments and fittings.



Celebrating Achievement

Shadwell Pathways

This scheme continues to be a positive way of working with young people. It gives a framework for an educational journey of exploration and discovery; which allows participants to gain experience and progressive skills as well as certificates and National Governing Body awards. The scheme includes a Leadership Award which gives a route into gaining coaching awards as young people develop their skills further.



Jack Petchey Achievement Awards

The Centre is proud to be a member of this prestigious awards scheme, which recognises young people's endeavours and successes. These awards are voted on by the young people and are an important opportunity for members to be celebrated by their peers for their achievements and for reaching individual milestones.

Adventure Coach Training Scheme

One of the focus areas of the Centre's work is encouraging young people to gain new skills and access opportunities to training and employment. Each year a group of young leaders who have developed through the Pathways Scheme are supported and mentored to move into coaching roles through the Adventure Coach Training Scheme.



The current group of six young people are training for their British Canoeing UKCC Paddlesport Instructor Award, which they will complete in autumn 2023.

Other young leaders gained Dinghy Instructor qualifications through the East London Instructor Development Programme, funded by Active Thames and the Royal Yachting Association Together Fund and have already been using their skills running sessions with young people. Thank you to Asher Robinson and all the coaches who helped with training to make this programme possible.



London Youth Games

Youth members once again represented the London Borough of Tower Hamlets at this renowned competition, the largest youth competition in the UK.

Members of the team won an individual silver medal in Kayak Slalom and a Gold and two silver medals in Kayak Sprint, as well as winning the overall Team Silver in the Sprint competition. This was a fantastic achievement by the team against talented young people from all across London.



Special Projects

Shadwell Youth Challenge

This annual event, which has been running since 2001, took place in the autumn. It is a friendly introduction to competition in a supportive environment, with categories for speed climbing, kayak slalom and sprint. The event is often the first taste of competitive sport for many young people and is always good fun. To enable as many young people to participate as possible, over the last couple of years the event has been held over a series of sessions within the youth programme.



Inspiring Futures

2022 marked the conclusion of this programme, which identified and engaged with young people “at risk”, providing 1-2-1 support sessions and group workshops, aimed at giving young people the tools to navigate their way through their teenage years, discuss issues affecting them and focus them on positive ways forward. We would like to thank the Mayor of London’s Young Londoners Fund for funding this valuable work.

The Right to Explore

This innovative partnership with the Lindley Educational Trust and Outward Bound Trust was funded by The North Face and Sport England. The programme worked with young people from black and minority ethnic backgrounds, providing pathways into employment in the outdoor activity sector.



Two cohorts of young leaders took part in the programme, visiting Outward Bound in the Lake District for a week of activities, followed by a return to mentor young people from local schools in their first outdoor experiences. Many of the first participants have now moved into the world of work, or have gone on to further training or university courses.

The programme concluded in 2022 with a celebration event at the Centre, including a presentation by Preet Chandi, known as “Polar Preet”, who talked about her experiences undertaking the longest solo, unsupported, unassisted expedition across Antarctica by a woman, trekking 922 miles to the South Pole.

Healthy Lifestyles and Girls Work

This was the second year of funding for this work from the LBTH Local Community Fund via a partnership with the Stifford Centre. Sessions included a mixture of outdoor activities, together with education about healthy lifestyles and the benefits of taking part in regular activity. This funding also included sessions specifically aimed at girls, enabling them to learn together and develop their skills in a really supportive environment.



Kilimanjaro Youth Challenge

Young People from Shadwell Basin Outdoor Activity Centre achieved success in summiting Kilimanjaro, the highest Peak in Tanzania, Africa and highest free-standing mountain in the world. Whilst in Moshi, Tanzania the team took part in a community project with street children.



After several years of fundraising and training the team arrived in Tanzania on August 31st August 2022. Travelling from Moshi, the nearest town, to the base of the mountain the team of eight young people between 17 and 19 years old and three leaders spent six days ascending the Peak to adjust to the altitude.

Starting in humid forests the trek went through temperate woodland and then tundra before ascending to barren heights level with glaciers. Sleeping in tents all the way the expedition was supported ably by a local team of guides, porters and cooks.

After a midnight start in sub-zero temperatures on the final day to the summit all the team reached Uhuru Peak, Kilimanjaro's top at 9.51am on 9th September. During the journey the team battled illness, fatigue and altitude sickness to gain the summit. The journey on the way down was a quicker and shorter two-day descent. Everyone on the expedition met up again at base camp in Moshi for a well earned meal together and awards ceremony.



The expedition members then completed a community project at Simba's Footprints Foundation. The charity, run by Charles Godfrey, works with local families and street children providing educational pathways. The team completed a number of projects in the three days they were there.



This included; re-organising and re-structuring the charity website, teaching art and sports lessons, designing leaflets and renovating a chicken house.

Participants had also raised money to assist with funding towards art materials, sports equipment and marketing advertising for the organisation.

For almost all of the young people this was the first major trip abroad and they made lasting friendships, engaged with local culture and began to understand the many challenges facing young people and projects on the African continent.



The expedition was due to go ahead in 2020 but had been delayed for two years due to Covid restrictions. The members would like to thank all the grant giving bodies for having faith in their ability to plan, carry out and take the expedition and the project forward.



Without generous help from; The Lord Mayors 800th Anniversary Awards Trust, The Daneford Trust, Cam and Bear Fund For Adventure and the Young Explorers Trust the expedition would not have been possible. Lastly, a big thank you to all those who donated, bought cakes, came to quiz nights and helped raise funds.



Shadwell Sailing Club

Sailing sessions re-started in April and took place every Tuesday throughout the summer, finishing around mid-September. Numbers attending were increased with many non-members wishing to try sailing.



The Hawk 20 and the Vicky J gave newcomers the opportunity to sail on the Thames and have a more relaxed and enjoyable experience. Where possible we rotated newcomers into the Wayfarers to give them a glimpse of sailing a more responsive dinghy. Tuesday sessions were often oversubscribed, but sessions were successfully run with a mixture of members and non-member visitors.

The club relies heavily on our more experienced helms to assist with newcomers both on and off the water. So, a big thank you to all the members who have contributed to Tuesday sessions, we would not have been able to run them without your help! Increased appetite from the visiting non-members wanting to sail meant that experienced helms were often in demand to operate safely on water. As a result we have introduced a requirement to join as a full member going forward, with a pre-requisite of RYA Dinghy Level 2.



A few downriver sails and one upriver sail to Hammersmith took place when the tide and weather conditions permitted. We often ventured to Greenwich Yacht Club who has always welcomed the Shadwell sailors with a bargain price of pint and baguettes, which we thoroughly enjoyed.



The Club was able to run several RYA Dinghy and Powerboat Level Two courses for both members and prospective members. Some have joined the Club once completing the courses. Many thanks to Stewart Keep for organising these courses and to the members supporting the Training Officer and other SIs with the courses. The Club is extremely grateful to members who gave up their weekends to assist.

Others took part in joint courses run with North London Youth Sailing Association at Brightlingsea, where they had the opportunity to complete seamanship skills and day sailing courses.

We hope to offer more powerboat courses in the future for the members as it would contribute to the development of members' skills and also with the safe operation of the Club.

Finally, the Club would like to thank Richard Elkan for his leadership as Chairman for the last few years. Richard has now passed the helm onto Kunika Kakuta as the Chair. We would also like to thank Phil Minoudis for keeping our finances afloat: we have now welcomed Christie Barry as the Treasurer.

Tower Hamlets Canoe Club

As ever the club have had a busy year, with all three sections offering training and trips.

Life at the club: Tuesday Evenings are the club's bread and butter, with people coming every week rain or shine to practice their skills. This year these sessions have included weekly river trips, Polo (or that's what we claim it is) sessions, beginner sessions, skills development and always a healthy contingent who go to the pub.



We have been delighted to add in sessions for those with visual impairments, supporting them onto the water, and are grateful to the Port of London Authority's Active Thames Fund for funding this work.

As a club we have taken part and organised a number of fundraisers to support Shadwell Basin, specifically to raise funds for some of their further flung adventures. Tea, cake, curries and BBQ's have all been consumed in the name of a good cause.

The sea section has welcomed a number of new leaders, and people have been traveling far and wide on trips.



The Canoe section has welcomed some home-grown leaders, who took on their open water and river leader courses. The White-Water section also welcomed a new leader and enjoyed trips away.

The photos speak for themselves and show what we get up to far better than I can describe.

We would like to take the opportunity to thank the Basin for their on-going support and continued partnership working.



Statement of Financial Activities
Summary of Income and Expenditure for the year ended 31st March 2023

	Unrestricted funds £	Restricted funds £	Total funds 2023 £	Total funds 2022 £
Income and endowments				
Donations and legacies	53,156	101,638	154,794	167,928
Charitable activities	114,688	11,335	126,023	128,273
Other trading activities	48,212	-	48,212	51,947
Investment income	11,431	11,253	22,684	16,048
Other Income - CJRS	-	-	-	9,563
Total income	227,487	124,226	351,713	373,759
Expenditure				
Raising funds	-	-	-	-
Expenditure on charitable activities	115,484	249,803	365,287	339,472
Total expenditure	115,484	249,803	365,287	339,472
Net gains / (loss) on investments	(15,612)	(13,727)	(29,339)	22,521
Net Surplus / (deficit)	96,391	(139,304)	(42,913)	56,808
Transfers between funds	(5,976)	5,976	-	-
Net movement in funds	90,415	(133,328)	(42,913)	56,808
Reconciliation of funds				
Total funds brought forward	222,686	354,264	576,950	520,142
Total funds carried forward	313,101	220,936	534,037	576,950

This summary of income and expenditure and the balance sheet opposite are extracted from the full independent examination, copies of which are available from the Centre.



Statement of Financial Position as at 31st March 2023

	2023	2022
	£	£
Fixed assets		
Intangible assets	39,835	1
Tangible fixed assets	17,473	20,901
Investments	<u>413,378</u>	<u>462,219</u>
	470,686	483,121
Current assets		
Debtors	28,235	25,303
Cash at bank and in hand	<u>50,995</u>	<u>103,849</u>
	79,230	129,152
Creditors: amounts falling due within one year	<u>(15,879)</u>	<u>(35,323)</u>
Net current assets	63,351	93,829
Total assets less current liabilities (net assets)	<u>534,037</u>	<u>576,950</u>
Funds of the charity		
Restricted funds	220,936	354,264
Unrestricted funds	<u>313,101</u>	<u>222,686</u>
Total charity funds	<u>534,037</u>	<u>576,950</u>

For the financial year to 31st March 2023, the Centre's incoming resources were £351,713, a decrease on the previous year due some missed fundraising targets. "Donations and legacies" include programme grants from external funders and totalled £154,794, which is 44% of the charity's income. The "charitable activities" income which includes the delivery of activities totalled £126,023. "Other trading activities", including rental income, amounted to £48,212.

The Centre's expenditure was £365,287 giving the charity an operational deficit of £13,574, after adjustments in investment losses of £29,339 from assets as shares this was a deficit of £42,913.

The major component of the expenditure, 60%, is represented by salaries and associated employers costs at £219,350. This was a decrease on the previous year due to the loss of full time staff even though salaries were increased.

The charity received investment income of £22,684 over the year. The investments stand at £413,378 on 31st March 2023. These assets are kept as charity shares and are used to carry out our operational responsibilities in our lease agreement with the site and buildings. These shares decreased in value from the previous year.

In total, both from restricted and unrestricted funds after all the above adjustments, the balance for the charity on 31st March 2023 stands at £534,037. Even after investment losses due to market fluctuations the overall financial picture of the charity at the time of these accounts is stable.

The Centre, staff and volunteers continue to provide high quality services whilst the Trustees and Directors have continued to work with staff and volunteers to manage the Centre's services within the resources available. The Centre remains dependent on grants and donations from charitable trusts, businesses and individuals as well as a number of larger three-year grants. The challenge moving forward is to continue to diversify funding streams, whilst keeping expenditure down in a climate of rising costs.

Help us to transform young people's lives

Many young people have told us how participating in the activities of the Centre has been a life changing experience, giving them a connection to the natural environment and the confidence, determination and inspiration to improve their expectations of what they can achieve.

Shadwell Basin Outdoor Activity Centre is a purpose-built facility situated between the River Thames and Shadwell Basin. It began life in 1976 when local parents and community leaders set about transforming the derelict site and old dock into a resource for local people.

The Centre is now a dynamic and safe space for young people and adults to grow their potential using outdoor activities as a vehicle to achieve success. It provides the widest range of adventurous activities available in central London and has specialist programmes for the most vulnerable in our society.

In an area that currently has the highest local authority child poverty rate (56%), it is more important than ever that the Centre continues to provide high quality activities at an 80% subsidy so that all young people, whatever their circumstances, can take part.

We will only be able to continue to do this with your help and support!

What it costs to provide the activities and equipment:

**The daily cost of
operating the
facility
£220**

**The cost of a
Holiday Project
Instructor for a week
£400**

**Buying a new
Buoyancy Aid or
Waterproof Cagoule
£50**

How can you help?

Please consider supporting us through a one-off or regular donation, or by taking part in one of our fundraising challenges.

Many companies have charity donation programmes, or will match what employees donate, so why not see if your employer is able to make a contribution.

Donations can be made on our website www.shadwell-basin.org.uk or the platforms below:

Regular Donations
www.cafonline.com

One-off Donations
www.givey.com/shadwellbasin

Contact us:

Shadwell Basin Outdoor Activity Centre,
3-4 Shadwell Pierhead, Glamis Road,
London E1W 3TD
Telephone 020 7481 4210
Email info@shadwell-basin.org.uk

